Transforming Community Health through Mission: The Evolving Role of Nursing

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Faith Community Nurse
Mission Outreach

Perspective

Evolving Role of Nursing
Population Health
Emerging from Mission
Community
Linking to Strategy
Organizational
Centura Health

To extend the healing ministry of Christ by caring for those who are ill and by nurturing the health of the people in our community.

Centura Health

- Connects individuals, families and neighborhoods across Colorado and Western Kansas
- Sixteen Adventist and Catholic Health Initiatives (CHI) Hospitals

Our community benefits approach is to respond to identified community health needs, increase access to care, and improve health status, especially for the most vulnerable and underserved individuals and families in our community. In all of our community-based service efforts we seek a link to our organizational strengths, comprehensive clinical services, and our mission commitments.

Penrose-St. Francis Health Services
• PSF: 559 beds within the two hospital system

“We want to better understand the social and environmental issues that our community grapples with and what we can do to alleviate some of these pressures.” Margaret Saltin, President and CEO

Community

MORTALITY
Rate per 100,000

<table>
<thead>
<tr>
<th></th>
<th>Service Area</th>
<th>Colorado</th>
<th>Healthy People 2020</th>
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</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>150.7</td>
<td>132.5</td>
<td>100.2</td>
</tr>
<tr>
<td>Heart Disease</td>
<td>157.1</td>
<td>137.3</td>
<td>N/A</td>
</tr>
<tr>
<td>Ischemic Heart Disease</td>
<td>86.2</td>
<td>14.8</td>
<td>102.1</td>
</tr>
<tr>
<td>Stroke</td>
<td>41.5</td>
<td>26.5</td>
<td>13.9</td>
</tr>
<tr>
<td>Lung Disease</td>
<td>37.4</td>
<td>32.8</td>
<td>N/A</td>
</tr>
<tr>
<td>Infant Mortality</td>
<td>7.5</td>
<td>5.5</td>
<td>6.0</td>
</tr>
<tr>
<td>Motor Vehicle</td>
<td>4.7</td>
<td>5.6</td>
<td>N/A</td>
</tr>
<tr>
<td>Unintentional Injury</td>
<td>46.9</td>
<td>49.1</td>
<td>26.0</td>
</tr>
<tr>
<td>Homicide</td>
<td>6.8</td>
<td>3.2</td>
<td>3.3</td>
</tr>
<tr>
<td>Suicide</td>
<td>18.3</td>
<td>17.2</td>
<td>10.2</td>
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Move Upstream to Manage Health

Centura Health Vision 2020

Move Upstream to Manage Health
Expand the scope of our services beyond traditional “sick care”
to truly manage health in accordance with our health mode.

10 Leading Medical Causes of Death
- Heart Disease
- Cancer
- Cerebrovascular Disease
- Chronic Pulmonary Disease
- Accidents
- Pneumonia & Influenza
- Diabetes
- Suicide
- AIDS
- Homicide

Lifestyle Factors Leading to Half of Them
- Tobacco
- Diet, Sedentary Lifestyle
- Infections
- Alcohol
- Toxins
- Firearms
- Motor Vehicles
- Sexual Behavior
- Illicit Drug Use

10 Underlying OR Spiritual Causes of Death
- Loneliness
- Depression
- Self-Esteem
- Psychic Abuse
- Ill-Managed Stress
- Loss of Self Worth
- Lack of Social Support
- Sense of Abandonment
- Little Meaning/Purpose
- Lack of Authority

Faith needs the language of health
in order to understand how it applies to life;
health needs the language of faith in order to
find its larger context,
it’s meaning. Gary Gunderson
Move Upstream to Manage Health
Centura Health Vision 2020

Strengthen the foundation by building on the legacy

Strengthen the Foundation by Building on the Legacy

- More than 125 years of history
- Built on the legacy of the Sisters of St. Francis & Sisters of Charity
- Faith and health are the foundation
- Standing strong and believe the heritage

- Always Learning
  - How to partner better
  - Come to the table with strength of beliefs & mission, but with the humility to know we do not have all the answers
  - Sisters built from the community to bricks and mortar. We come from bricks and mortar back to the community

Nurturing the Health of the Community

Different Perspectives

- Hospital, Organization
- Nursing
- Community

- Defining community
- Assessing gaps
- Determining common mission
- Link to current strategy
- Where is the win-win
- How can it be measured
Faith Community Nurses
Specialty Practice: American Nursing Association

- History and Philosophy
  - Inclusive of all faith traditions
  - Spiritual not religious
  - Catholic institution

- Language of Faith Community Nursing
  - The protection, promotion and optimization of health and abilities
  - Prevention of illness and injury
  - Alleviation of suffering in context of values and beliefs

Penrose-St. Francis
Faith Community Nurse Program

Provides professional nursing services and resources for physical, emotional, and spiritual health promotion and disease prevention through, and for, trusted partnerships with community crisis centers, known as our Neighborhood Nurse Centers.

Neighborhood Nurse Centers

<table>
<thead>
<tr>
<th>Neighborhood Nurse Centers</th>
<th>Penrose-St. Francis Clinic</th>
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</thead>
<tbody>
<tr>
<td>3535 Bijou St., Colorado Springs, CO 80904</td>
<td>Phone 719-382-5550 for a nurse or clinic appointment, Fax 719-385-0172</td>
</tr>
<tr>
<td>Faith Community Nurse hours: Mon., Tues., Wed., Thurs. 9-11:30 am, 12-3:30 pm</td>
<td>Faith Community Nurse hours: Wed., Thurs. 9-11:30 am, 12-3:30 pm</td>
</tr>
</tbody>
</table>

Catholic Charities

35 W. Wren St., Colorado Springs, CO 80903
Phone 719-598-7000 for a nurse or clinic appointment, Fax 719-598-6454
Neighborhood Nurse hours: Mon., Wed., Thurs. 9-11:30 am, 12-3:30 pm

*Member Volunteer Outreach Clinics: Wed. 9-11:30 am
Faith Community Nurse Role

The Faith Community Nurse at the Neighborhood Nurse Centers is available to:

- Provide a thorough nursing assessment
- Connect with medical providers
- Assist with insurance resources
- Offer financial assistance for prescriptions and co-pays
- Advocate for unmet medical needs
- Engage with emotional and spiritual conversations and prayer
- Arrange preventative and chronic disease management
- Provide health education for neighbors and their families

NNC Client Insurance Status at 1st Contact for July 2014 - June 2015

- Medicare: 22.9%
- VA/Military: 2.2%
- Medicaid: 39.2%
- Private Ins: 3.1%
- Guaranteed: 3.9%
- Uninsured: 23.2%
- Mcd Pending: 3.9%
- Mcd Enrolled: 39.2%
- Other: 0.0%
Reaching:
Local, Regional and National Levels

- **Local: Mission Driven**
  - Building partnerships around missions
  - Catholic Charities, Bender coalitions, local and state health departments, Healthy Church Initiative, Community Health Needs Assessment and Health Improvement plan, NSAC, CS Fire and Police Departments

- **Regional: Preventative Upstream Health**
  - Free vaccination clinics, health education and advocacy, insurance eligibility and enrollment, cancer prevention, tobacco cessation

- **National and International: Nursing**
  - Grant support but not grant dependent
    - Interfaith Health Program/Emory
    - Build Health Challenge Grant
  - APHA 2012, Church Health Center/IPNRC, Health Ministry Association, Magnet exemplar practice, Kaiser

Project Goal: Extending “Reach”
To build relationships and capacity within trusted networks of faith-based and community organizations that extends reach to vulnerable, at-risk, and minority populations for prevention and treatment of influenza.

**Building on:**
- HBF Center for Faith-Based and Neighborhood Partnerships works with HBF/Emory and nine sites during 2009 H1N1
- CDC with HBF/Emory (’01 to ’07) trained 78 teams of religious and public health leaders in 24 states to collaborate on eliminating health disparities
1. Collaborations that Endure

   The COS IHP collaboration has developed a unique ability to be separate yet integrated. Each partner has determined an intentionality to its faith based/community health role and adjusted to national as well as local changes in health care practice. Examples:
   - Separate practices: Community Center Collaborative (CCC), PM Neighborhood Nurse Centers, spirituality in physician practices and social crisis centers
   - Integrated: Flu clinics with Faith community Nurses, students and partnering agencies

2. Building and Maintaining Trust

   Each partner, as well as the agencies represented, has built trusted relationships in the community that overlap and build upon the trust of each member. One agency alone cannot maintain both the faith and health networks required to facilitate needed change. Example:
   - Walgreens, CSFD, crisis intervention sites, faith partners, schools of nursing
   - Build Health Challenge Grant included CCC partners (YMCA) as well as the hospital and public health. The grant incorporates faith initiatives and public health due exclusively COS IHP

3. Relationships and Presence as Paramount

   The relationships that the partners have in the community are critical to be asked to be present at the table for all discussions that can potentially affect change for our identified populations. Local and state health departments, Centura, CCC, FCN network, national nursing

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Summary and next steps

- Link to current strategy
  - Is “community” in your field of view?
- How does Nursing engage in a community effort?
  - Community hospital? (community benefit)
  - Partners and community relationships
- How will it be FUNDED?
  - Build a case for outside the hospital walls. Believe in it!
- Where are the current opportunities to LEVERAGE?
  - What are hospitals, community organizations or churches already doing to improve/manage health of populations?

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3) Reliance on God/Prayer

   “I never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself.”

   Florence Nightingale