

Transforming Community Health through Mission: The Evolving Role of Nursing

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Mission Outreach



Perspective

Evolving Role of Nursing

Population Health

Emerging from Mission

Community

Linking to Strategy

Organizational

Centura Health



To extend the healing ministry of Christ by caring for those who are ill and **by nurturing the health of the people in our community**

Centura Health

- Connects individuals, families and neighborhoods across Colorado and Western Kansas
- Sixteen Adventist and Catholic Health Initiatives (CHI) Hospitals

Our community benefits approach is to respond to identified community health needs, increase access to care, and improve health status, especially for the most vulnerable and underserved individuals and families in our community. In all of our community-based service efforts we seek a link to our organizational strengths, comprehensive clinical services, and our **mission** commitments.

PENROSE-ST. FRANCIS HEALTH SERVICES



- PSF :559 beds within the two hospital system

“We want to better understand the social and environmental issues that our community grapples with and what we can do to alleviate some of these pressures.” *Margaret Sabin, President and CEO*

Community



MORTALITY

Rate per 100,000

	Service Area	Colorado	Healthy People 2020
Cancer	150.7	149.8	160.6
Heart Disease	137.1	137.4	N/A
Ischemic Heart Disease	86.2	83.0	103.4
Stroke	41.5	36.5	33.8
Lung Disease	47.4	49.8	NA
Infant Mortality	7.5	5.5	6.0
Motor Vehicle	4.7	5.6	NA
Unintentional Injury	46.0	45.1	36.0
Homicide	4.8	3.7	5.5
Suicide	18.4	17.2	10.2

Source: National Vital Statistics System, 2007-2011

Move Upstream to Manage Health Centura Health Vision 2020

Move Upstream to Manage Health

Expand the scope of our services beyond traditional “sick care”
to truly manage health in accordance with our health mode.



10 Leading Medical Causes of Death

Heart Disease
Cancer
Cerebrovascular Disease
Chronic Pulmonary
Disease
Accidents
Pneumonia & Influenza
Diabetes
Suicide
AIDS
Homicide

Lifestyle Factors Leading to Half of Them

Tobacco
Diet, Sedentary Lifestyle
Infections
Alcohol
Toxic Agents
Firearms
Motor Vehicles
Sexual Behavior
Illicit Drug Use

10 Underlying OR Spiritual Causes of Death

Loneliness
Depression
Self-Esteem
Psychic Abuse
Ill-Managed Stress
Loss of Self Worth
Lack of Social Support
Sense of Abandonment
Little Meaning/Purpose
Lack of Authority



**Faith needs the language of health
in order to understand how it applies to life;
health needs the language of faith in order to
find its larger context,
it's meaning. Gary Gunderson**

Move Upstream to Manage Health Centura Health Vision 2020

Strengthen the foundation by
building on the legacy



Strengthen the Foundation by Building on the Legacy

- More than 125 years of history
- Built on the legacy of the Sisters of St. Francis & Sisters of Charity
- Faith and health are the foundation
- Standing strong and believe the heritage
- Always Learning
 - How to partner better
 - Come to the table with strength of beliefs & mission, but with the humility to know we do not have all the answers
 - Sisters built from the community to bricks and mortar. We come from bricks and mortar back to the community

Nurturing the Health of the Community

Different Perspectives

- ☐ Hospital, Organization
- ☐ Nursing
- ☐ Community

- Defining community
- Assessing gaps
- Determining common mission
- Link to current strategy
- Where is the win-win
- How can it be measured

Faith Community Nurses

Specialty Practice: American Nursing Association

- History and Philosophy
- Language of Faith Community Nursing
 - Inclusive of all faith traditions
 - Spiritual not religious
 - Catholic institution
- Goals
 - The protection, promotion and optimization of health and abilities
 - Prevention of illness and injury
 - Alleviation of suffering in context of values and beliefs

Penrose~St. Francis

Faith Community Nurse Program

Provides professional nursing services
and resources for
physical, emotional, and spiritual
health promotion and disease prevention
through, and for, trusted partnerships with
community crisis centers, known as our
Neighborhood Nurse Centers.

Neighborhood Nurse Centers

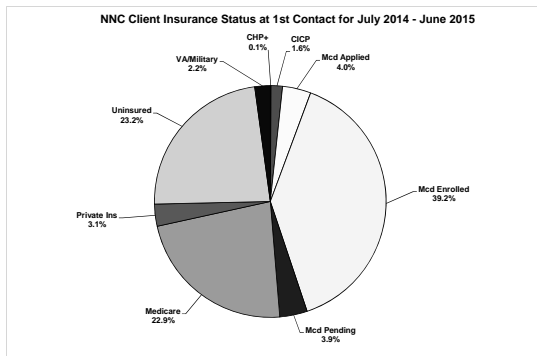
<p><u>Tri-Lakes Cares</u> 235 Jefferson, Monument, CO 80132. Phone: 481-4864 x103 for nurse appointment. Fax: 481-3030 Assists neighbors in zip codes 80132, 80133, Palmer Lake, Monument and parts of 80921, 80908 Faith Community Nurse Hours: Mon. & Thurs. 12 - 3 pm *Tri-Lakes Volunteer Medical Clinic: Tues. 9 am - noon</p> <p><u>Mercy's Gate</u> 4360 Montebello Dr., Colorado Springs, CO 80918 Phone 277-7470 for nurse appointment. Ext. 110 for follow- up with nurse Assists neighbors in zip codes 80907, 80908, 80909, 80915, 80917-80923. Faith Community Nurse hours: Mon. 4 - 7 pm, Thurs. 9 am - 4 pm, Fri. 9 am - noon</p> <p><u>Ecumenical Social Ministries</u> 201 N. Weber St., Colorado Springs, CO 80903 Phone: 228-6798 for nurse appointment. Assists neighbors in zip codes 80903, 80905-80907, 80909, 80910, 80916, 80926 Faith Community Nurse hours: Mon., and Thurs. 9-11:30 am, 12:30-3 pm, Tues. 9-11:30 am</p>	<p><u>Catholic Charities</u> 14 W. Bijou St., Colorado Springs, CO 80903 Phone: 866-6432 for a nurse appointment. Fax: 633-0289 Faith Community Nurse hours: Wed., and Fri. 10:30 am - 1 pm</p> <p><u>Westside CARES</u> 2808 W. Colorado Ave., Colorado Springs, CO 80904 Phone: 389-0759 x110 for a nurse appointment. Assists neighbors living west of I-25, south of Air Force Academy, east of El Paso/ Teller county line and north of Fort Carson. Faith Community Nurse hours: Mon. - Thurs. 9:30 am - noon</p> <p><u>Westside Community Center</u> 1616 W. Bijou, Colorado Springs, CO 80904 Phone: 385-7920 x304 for a nurse or clinic appointment. Fax: 344-8996 Assists neighbors living south of Fillmore, north of Gold Camp Rd, east of I-25 and west to the Colorado Springs city limits. Faith Community Nurse hours: Mon., Wed., and Thurs. 1:30 - 3:30 pm *Westside Volunteer Outreach Clinic: Wed. 3:30-5:30</p>
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Faith Community Nurse Role

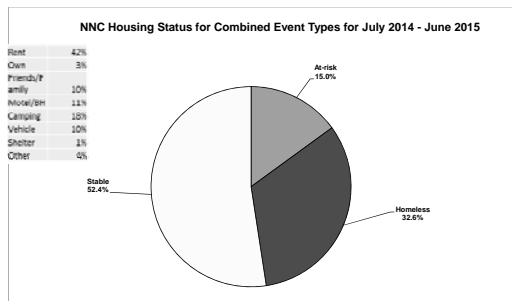
The Faith Community Nurse at the Neighborhood Nurse Centers is available to:

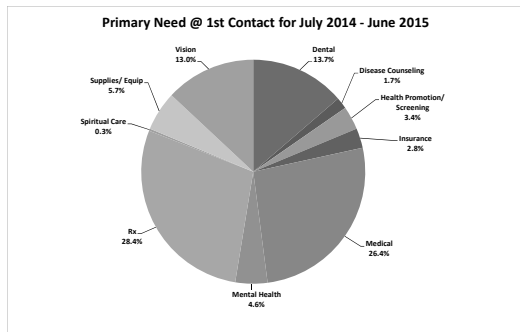
- ❖ Provide a thorough nursing assessment
- ❖ Connect with medical providers
- ❖ Assist with insurance resources
- ❖ Offer financial assistance for prescriptions and co-pays
- ❖ Advocate for unmet medical needs
- ❖ Engage with emotional and spiritual conversations and prayer
- ❖ Arrange preventative and chronic disease management
- ❖ Provide health education for neighbors and their families

NNC Client Insurance Status at 1st Contact for July 2014 - June 2015



NNC Housing Status for Combined Event Types for July 2014 - June 2015





Reaching: Local, Regional and National Levels

- **Local : Mission Driven**
 - Building partnerships around missions
 - Catholic Charities, Homeless coalitions, local and state health departments, Healthy Church Initiative, Community Health Needs Assessment and Health Improvement plan, YMCA, CS Fire and Police Departments
- **Regional : Preventative Upstream Health**
 - Free vaccination clinics , health education and advocacy, insurance eligibility and enrollment, cancer prevention, tobacco cessation
- **National and International: Nursing**
 - Grant support but not grant dependent
 - Interfaith Health Program/Emory
 - Build Health Challenge Grant
 - APHA 2012, Church Health Center/IPNRC, Health Ministry Association, Magnet exemplar practice, Kaiser

Project Goal: Extending “Reach”

To build relationships and capacity within trusted networks of faith-based and community organizations that extends *reach to vulnerable, at-risk, and minority populations* for prevention and treatment of influenza.

Building on:

- HHS’ Center for Faith-Based and Neighborhood Partnerships works with IHP/Emory and nine sites during 2009 H1N1.
- CDC with IHP/Emory (’01 to ’07) trained 78 teams of religious and public health leaders in 24 states to collaborate on eliminating health disparities.



1. Collaborations that Endure

The COS IHP collaboration has developed a unique ability to be separate yet integrated. Each partner has determined an intentionality to its faith based/community health role and adjusted to national as well as local changes in health care practice. Examples:

- Separate practices: Community Center Collaborative (CCC), PSF Neighborhood Nurse Centers, spirituality in physician practices and social crisis centers
- Integrated; Flu clinics with Faith Community Nurses, students and partnering agencies

2. Building and Maintaining Trust

Each partner, as well as the agencies represented, has built trusted relationships in the community that overlap and build upon the trust of each member. One agency alone cannot maintain both the faith and health networks required to facilitate needed change. Example:

- Walgreens, CSFD, crisis intervention sites, faith partners, schools of nursing
- Build Health Challenge Grant included CCC partners (YMCA) as well as the hospital and public health. The grant incorporates faith initiatives and public health due exclusively COS IHP

3. Relationships and Presence as Paramount

The relationships that the partners have in the community are critical to be asked to be present at the table for all discussions that can potentially affect change for our identified populations. Local and state health departments, Centura, CCC, FCN network, national nursing

Summary and next steps

- Link to current strategy
 - Is “community” in your field of view?
- How does Nursing engage in a community effort?
 - Community hospital? (community benefit)
 - Partners and community relationships
- How will it be FUNDED?
 - Build a case for outside the hospital walls. Believe in it!
- Where are the current opportunities to LEVERAGE?
 - What are hospitals, community organizations or churches already doing to improve/manage health of populations?

3) Reliance on God/Prayer

“I never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself.”

Florence Nightingale
