Perioperative Nurses Bringing EBP and Research Alive

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Objectives

- State ways of creating an environment of "inquiry"
- Describe methods of promoting a culture of evidence-based practice and research
- Identify resources for overcoming obstacles within your environment

Mercy Medical Center

- 207 Private Inpatient Beds
- ANCC Magnet Designated Hospital
- Ranked #2 hospital in Maryland
- Named Top 100 Hospitals by Reuters
- Best Places to Work by Baltimore Magazine
- Performed approximately 22,500 surgical procedures last year
- Peri-Operative Services:
  - 26 OR's Bunting and Weinberg Building
  - 26 Pre-Op bays Bunting and Weinberg Building
  - 36 PACU bays Bunting and Weinberg Building
  - 7 OR's McAuley Surgery Center
  - 30 Pre-Op/PACU bays McAuley Center
  - 5 OR's Foot & Ankle Reconstruction Center
  - 6 Pre-Op/PACU bays F&A Center
Perioperative Nurses

Results of Creating an Environment of INQUIRY

<table>
<thead>
<tr>
<th>QI/EBP Projects</th>
<th>Current</th>
<th>Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSN</td>
<td>75</td>
<td>10</td>
</tr>
<tr>
<td>MSN</td>
<td>8</td>
<td>25</td>
</tr>
<tr>
<td>Enrolled in higher education programs</td>
<td>23</td>
<td>35</td>
</tr>
<tr>
<td>Specialty certifications</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Involved in the Clinical Advancement Program</td>
<td>18</td>
<td></td>
</tr>
<tr>
<td>In hospital-based and unit-based Shared Governance councils</td>
<td>83</td>
<td></td>
</tr>
</tbody>
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Dedicated Staff Nurses

- **Shared Governance**
  - Hospital
  - Unit-Based
  - Move Patient Outcomes
  - Attentive to Evidence-Based Solutions
  - Recognize Problems
  - Turn to Professional Standards

Nurse Educator and Clinical Nurse Specialist

- **Lend Support to Nurses**
- **Encourage Environments of “Inquiry”**
- **Assist Implementation and Processes**
- **Dig into Evidence-Based Practice**
- **Embeds Evidence-Based Practice into Patient Care**
- **Remove “Sacred Cows”**
**Management Support**

- Promotes nurses' knowledge
- Approves decisions made by team
- Targets input toward patient outcomes
- Rallies others to join-in the processes
- Objectively supports nurses enthusiasm
- Nurturing in EBP processes

**Physician Involvement**

- Collaborative practice
- Assist in the provision of care
- Raise awareness to changes in health care
- Expands interdisciplinary communication

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Questions?

"Nurse, get on the internet, go to SURGERY.COM, scroll down and click on the 'Are you totally lost?' icon."