## **Perioperative Nurses Bringing** EBP and Research Alive

Sherry Chavis, RN, CNOR, CN-III, Tanya Hofmann, MSN, APRN, ACNS-BC, CPAN, Vicki Lutz, MSN, RN, CNOR, Cynthia Voith, BSN, RN, CN-III

# **Objectives**

- State ways of creating an environment of "inquiry"
- Describe methods of promoting a culture of evidence-based practice and research
- Identify resources for overcoming obstacles within your environment

#### **Mercy Medical Center**



- 207 Private Inpatient Beds
  ANCC Magnet Designated Hospital
  Ranked #2 hospital in Maryland
  Named Top 100 Hospitals by Reuters
  Best Places to Work by Baltimore
  Magazine
  Performed approximately 22,500
  surgical procedures last year
  Peri-Operative Services:

  200R's Bunting and Weinberg Building
  26 Pre-Op bays Bunting and Weinberg
  Building
  37 PACU bays Bunting and Weinberg
  Building
  70R's McAuley Surgery Center
  20R's Foot & Ankle Reconstruction
  Center
  6 Pre-Op/PACU bays F&A Center

#### **Perioperative Nurses**

Res	Results of Creating an Environment of INQUIRY						
11	Current QI/EBP projects	75	BSN				
10	Completed QI/EBP projects	8	MSN				
2	Current Research projects	23	Enrolled in higher education programs				
1	Completed Research project	35	Specialty certifications				
15	Poster/podium presentations	16	Involved in the Clinical Advancement Program				
3	Published peer-review articles	83	Involved in hospital-based and unit-based Shared Governance councils				

## **DEDICATED STAFF NURSES**

- SHARED GOVERNANCE
  - HOSPITAL
  - UNIT-BASED
- MOVE PATIENT OUTCOMES
- ATTENTIVE TO EVIDENCE-BASED SOLUTIONS
- **R**ECOGNIZE PROBLEMS
- TURN TO PROFESSIONAL STANDARDS

# NURSE EDUCATOR AND CLINICAL NURSE SPECIALIST

- LEND SUPPORT TO NURSES
- ENCOURAGE ENVIRONMENTS OF "INQUIRY"
- **A**SSIST IMPLEMENTATION AND PROCESSES
- **D**IG INTO EVIDENCE-BASED PRACTICE
- EMBEDS EVIDENCE-BASED PRACTICE INTO PATIENT CARE
- REMOVE "SACRED COWS"

#### **MANAGEMENT SUPPORT**

- PROMOTES NURSES' KNOWLEDGE
- APPROVES DECISIONS MADE BY TEAM
- TARGETS INPUT TOWARD PATIENT OUTCOMES
- RALLIES OTHERS TO JOIN-IN THE PROCESSES
- OBJECTIVELY SUPPORTS NURSES ENTHUSIASM
- **N**URTURING IN EBP PROCESSES

## **PHYSICIAN INVOLVEMENT**

- **C**OLLABORATIVE PRACTICE
- ASSIST IN THE PROVISION OF CARE
- RAISE AWARENESS TO CHANGES IN HEALTH CARE
- EXPANDS INTERDISCIPLINARY COMMUNICATION

#### **Contact Information**

- Sherry Chavis, RN, CNOR, CN-II
  - schavis1@mdmercy.com
- Tanya Hofmann, MSN, APRN, ACNS-BC, CPAN
  - tlecompt@mdmercy.com
- Vicki Lutz, MSN, RN, CNOR
  - vlutz@mdmercy.com
- Cindy Voith, BSN, RN, CN-III
  - cvoith@mdmercy.com

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Questions?
"Nurse, get on the internet, go to SURGERY.COM, scroll down and click on the 'Are you totally lost?' icon."