Magnet® Tea: The Journey of a Publication Steeped in Magnet Values

• 2015 ANCC National Magnet Conference®
• October 7th, 2015
• T1:15am
• C827

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Hi everyone!

I'm Margaret
Translating Stress to Success

Old Method

New Method

Stress Reduction

Bang Head Here

Directions:
1. Place on FIRM surface.
2. Follow directions as usual.
3. Repeat step 2 as necessary, or until unconscious.

CAP Scoring Worksheet

“RESEARCH” Section

2015 CAP Scoring Worksheet

Directions: To navigate and answer questions to the CAP assessment instrument, you must answer questions in the order presented. You are encouraged to refer to the guidelines and criteria provided in the book. Each question has a single, correct answer.
A new perspective on research

Steeped in Structural Empowerment

SE4E0 Submissions solicited from frontline nurses that critiqued research/EBP articles and explored topics of interest through preliminary literature review.
Magnet® Tea “To Go”

Getting Started

• Resources
• Multi-faceted significance
  • Academic rigor
  • Simulate professional writing submission process
  • guidelines
  • peer review
  • mentoring
• Publish a polished product
• Make them 'want' it

Embracing the vision to grow The Reach Newsletter into a facility-wide opportunity for nurses to showcase their projects & achievements, the Nursing Research Council (NRC) adopted the publication in 2011.

A goal without a plan is just a wish!
Nursing Research Council

- Frontline to Executive Leadership
- All educational levels
- Approximately 30 active members
- Working subcommittees
- Chaired by Director of Nursing Research & Evidence Based Practice (EBP)

Shared Governance

- Encourage & Educate
- Support & Disseminate
- Assigned strategic initiatives
- Reports decisions, outcomes & actions

Types of Submissions

**Brief Article Review**
- 500 word summary
  - Citation
  - Overall study question
  - Methods used
- Critique
- Overall assessment

**Research, Quality or EBP Project**
- 500 word project review
  - Background
  - Goal
  - Intervention/Initiative/Activities
  - Participants
  - Outcomes
  - Impact
- Correlated organizational value

Dissemination: Within REACH Caretakers

- NRC subcommittee tasked with ensuring uninterrupted dissemination of a scholarly, peer-reviewed professional publication
- Editor is Director of Nursing Research & EBP
The Blend

SEERCO
Peer review of submissions, individualized mentoring, and support through the writing process is utilized to minimize apprehension commonly associated with publication.

Feedback Form
- Peer Reviewers (>2)
- Content Expert*

Group Discussion
- Reviewers
- Editor
- Dissemination team

Recommendations
- Summarized & final decision by Editor

Notify Author
- If accepted, no further action

Resubmit

Mentoring
- Feedback given to the Editor is passed on to the author with the submission having a status of accepted, revise as noted, or rejected
- Author offered mentoring if decision is revise or reject
Benefits

Expected
Organizational infusion of Magnet culture demonstrated through increased quality & quantity of submissions

Unexpected
Professional development for reviewers as well as authors
- Reviewers learned and grew together
- Guidelines for reviewing
- Education for peer review and editing
- Quality of reviewing evolved and improved

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Peer Review
Include nurses from all educational levels in Peer Review, from Diploma to DNP/PhD. Like writing, reviewing & editing are skills that can be learned.

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Digital-age Downers
Remember that technology is an amazing tool, as long as it works. Hard-copies are the best backup.
Content Evolution

- The number of manuscripts about projects increased
- Informational articles related to research
  - Library resources
  - Ethics
  - Institutional Review Board

Infusion of Carilion Values

- CommUNITY
- Courage
- Commitment
- Compassion
- Curiosity
CommUNITY
Working in unison to serve our community, our Carilion family and our loved ones

Courage
Doing what’s right for our patients without question

Commitment
Unwavering in our quest for exceptional quality and service

Article Review: The Death Rattle Dilemma
By: Temple Nesbitt, MSW, RN, CHPN - 10S Palliative Care

Current practice for the management of terminal secretions, most commonly known as ‘the death rattle’, may not be based on secure evidence. In 2013, a patient’s family observed that a nurse was speaking into the patient’s mouth as she breathed. The nurse asked if they were comfortable with that approach. They had not been informed of this intervention as part of the normal care. Literature review was conducted to validate the use of certain pharmacological interventions for death rattle as effective, and the rationale behind these interventions are rarely based in actual respiratory distress.

Death rattle is defined as “the noise created by the flow of air through secretions in the upper respiratory tract”. Fielding & Long, 2014, p490. It is a well-recognized phenomenon correlated with the dying process. While there are a variety of mechanisms associated with the development of death rattle, it is widely accepted as a buildup of upper respiratory secretions in the oropharynx due to a loss of cough and swallowing reflexes as well as a potential rise in CO2 and decrease in airway temperature. Additionally, in a recent study designed to quantify the impact of the pharmacological intervention of dexamethasone on death rattle, patients and family’s of patients have noted no difference in distress experienced by patients with or without death rattle (Campbell & Vandell, 2012).

Improving Nursing Self-Efficacy in Caring for the Orthopedic Patient
By: Molly Clemens, BSN, RN, ONC & Katie Mullins, BSN, RN, ONC - CRMH 9 West (2014 Carilion Nursing Research Fellow)
Compassion
Putting heart into everything we do

Curiosity
Fostering creativity and innovation in our pursuit of excellence

A New “Blend”

- Career advancement activities
  - Publications
  - Presentations
  - Grants
  - Educational advancement
Annual Art & Science of Nursing Showcase

Posters, Presentations, and Vendors... Oh My!

2015 Art & Science of Nursing Showcase Winners
Standardized Submission Format

- Background/problem
- Goal statement
- Description of the intervention/initiative/activity
- Participants
- Outcomes

Lessons Learned

- There will be bumps along the way
- Deadlines may need to be flexible
- Everything can be changed and improved
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Essential Ingredients

- Effective communication between reviewers and the editor is essential
- Support from senior leadership is critical to the success of the publication

Brewing into Future

- Rolling submissions
- Increased to 3 issues + Special Magnet Edition
- Guidelines on Nursing Research Website
  - Defines Headers
  - Describes expected content
  - Associated Carilion Value
- Electronic submission format
Smoothly Brewed
One Pager – Taking the Mystery out of Writing

- NRC Dissemination team contacts listed as resources
- Consider “Themes” based upon Puzzle Pieces
Education

• Basic Research Education
• Advanced Research
• Leadership Education
• Courageous Editing & Compassionate Critique

More Next Steps

• Tutorial video for article writing/submission
• Methods to promote article submission
• Recognizing Nursing accomplishments
• Promoting calls for abstracts

Magnet® Tea “To Go”

Fearlessly into the Future

• Many ways to “Brew” your tea
• Keep exploring new blends
• Take time to enjoy and share your tea
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