**Objective**

- To provide Hong Kong Hospital Authority (HA) visiting scholars an understanding of advancements in perioperative nursing in the U.S.
- To include observation of how advances are being implemented in the hospital setting.

**Methodology**

- This educational experience resulted in:
  - Recommendations presented to the Specialty Advisory Group (Perioperative Care)
  - Recommendations to the Nurse Service Division of Hospital Authority (HA)
  - Recommendations to strengthen and improve perioperative services to patients from various Hong Kong communities

**Background**

- As healthcare spending continues to soar, innovation is much needed
- Healthcare is becoming increasingly specialized
- Aggressive international collaboration is becoming a necessity
- Health care leaders from different countries looking to U.S. for the latest innovations in models of care, new products, and new approaches to improve overall health outcomes

**Project highlighted best practices in the perioperative areas at UCSD Health System:**

- Pre-operative (pre op) education and assessment by Nurse Practitioner (NP)
- Multi-Team Approach Briefing (Pre Op) especially for transplant patients
- Operating Room (OR) briefing and team approach operation preparation (Intra op)
- Patient Family Centered Care in the pre op and in Post Anesthesia Care Unit (PACU)
- Nurse-led discharge process in the PACU

**Conclusions**

- Wide list of benefits achieved through international program and collaboration.
- Innovative project helped not only highlight current best practices in the perioperative departments throughout the UCSD Health System
- Helped raise standards of patient care practices in other countries like Hong Kong.

**References**