Creating New Initiatives in Unchartered Water: A Virtual Nursing Journal Club

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Purpose

To provide an interactive mechanism for nurses that will assist them to:

- keep abreast of current research findings
- critically evaluate nursing research studies
- promote an EBP environment by translating new research knowledge into practice
- strengthen collegial relationships within South Nassau

Literature Review

Benefits of Journal Clubs

- Promote an increased awareness of research
- Educate about research utilization
- Promote EB nursing practice
- Improve quality of patient care

Barriers to Traditional Journal Clubs

- Time
- Lack of confidence to lead group
- Interest
- Resistance to change current practice

Design

Program Development

- Nursing Research/Evidence-Based Practice Council (NREBPC) work group
- Shared review of literature
- Selection of first article
- Critique of article
- Collaboration with IT
- Word Press®

Marketing

- Fliers
- Newsletter
- Council meetings

Implementation

- Website pilot included:
  - First research article - April 2013
  - Blank and completed critique
  - Monitoring interactions
  - Contact hours
  - Enduring activity

Outcomes

- Data about website visits
- Site feedback and comments

“..I could use the author’s findings in my unit by explaining to staff that it’s not a task that will happen overnight but if we stay committed, we can improve our practice. I especially like the quote at the end of the article, “shared governance, like Magnet, is truly a journey, not a destination; a process, not a project”. This article affected my knowledge by testing the knowledge that I do have for research, with the help of the critique form”.

Future Plans

- Continue quarterly postings
- Improve home access

Recommendations

Future studies to:

- determine themes emerging from comments
- investigate whether staff are more confident using research
- explore if this mechanism fosters collegial interaction and professional development

Acknowledgements

South Nassau Communities Hospital’s NREBPC
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