• Nurse engagement is essential in increasing patient safety and quality in a dynamic health care setting.
• The mean 2012 fall rates for SE Pennsylvania hospitals were 3.2 to 4.0 falls per 1,000 patient-days. Approximately 30% resulted in injury increasing the ALOS by 6.27 days.
• Chester County Hospital’s (CCH) Falls Prevention Program is centered on AN ORGANIZATIONAL APPROACH TO REDUCE PATIENT FALLS.
• To reduce patient falls further, the Falls Taskforce embarked on implementing an innovative concept in event reporting - PATIENT ASSISTED INCIDENT REPORTING (PAIR).
• Incorporating the patient’s experience and perceptions of the event, PAIR gathers information corroborating interventions and providing additional information on the patient’s needs, concerns and expectations.

GOALS
• DEVELOPED: Patient Assisted Incident Reporting (PAIR) Interview Tool.
• INTERVIEWED: All post-fall inpatients were eligible for the interview.
• REVISED: Updated PAIR and disseminated institution wide to promote best practices in nursing.

BACKGROUND
• This presentation supports nurses’ roles in gaining insight and implementing a nurse/patient driven interview tool that promotes and supports professional practice.
• INVESTIGATE patient falls using a structured and systematic approach to obtain the patient’s perception of the incident and causal factors.
• ANALYZE the patient’s narrative with the safety event. The Patient Safety Manager REVIEWS the incident with the Falls Taskforce.
• IDENTIFY opportunities to prevent falls.
• VALUE the patient’s perception.

INTERVENTIONS
• Nursing Department
• Pharmacy
• Quality Management
• Physical Therapy

OUTCOMES AND RESULTS
• DECREASED Inpatient Falls Rate from 1.75 (2012) to 1.47 (2013) to 1.17 (2014)
• DECREASED Serious Injuries from Falls by 50% in 2013 and another 50% in 2014

PROVIDED positive feedback to support hourly rounding

OBSEVED medication trends involving opiates, narcotics and sleep aids

In conjunction with the Medication Safety Committee...
• DECREASED Dilaudid dosing from 1-2 mg dosing to 0.4-0.6 mg
• DECREASED Ambien dosing from 10 mg to 5 mg and removed from the Comfort Care order set

REVEALED the statistical relationship between falls and pain medications decreased from 36% to 17% and anxiety medications from 19% to 17%

STANDARDIZED bedside handoff to include falls risk.

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